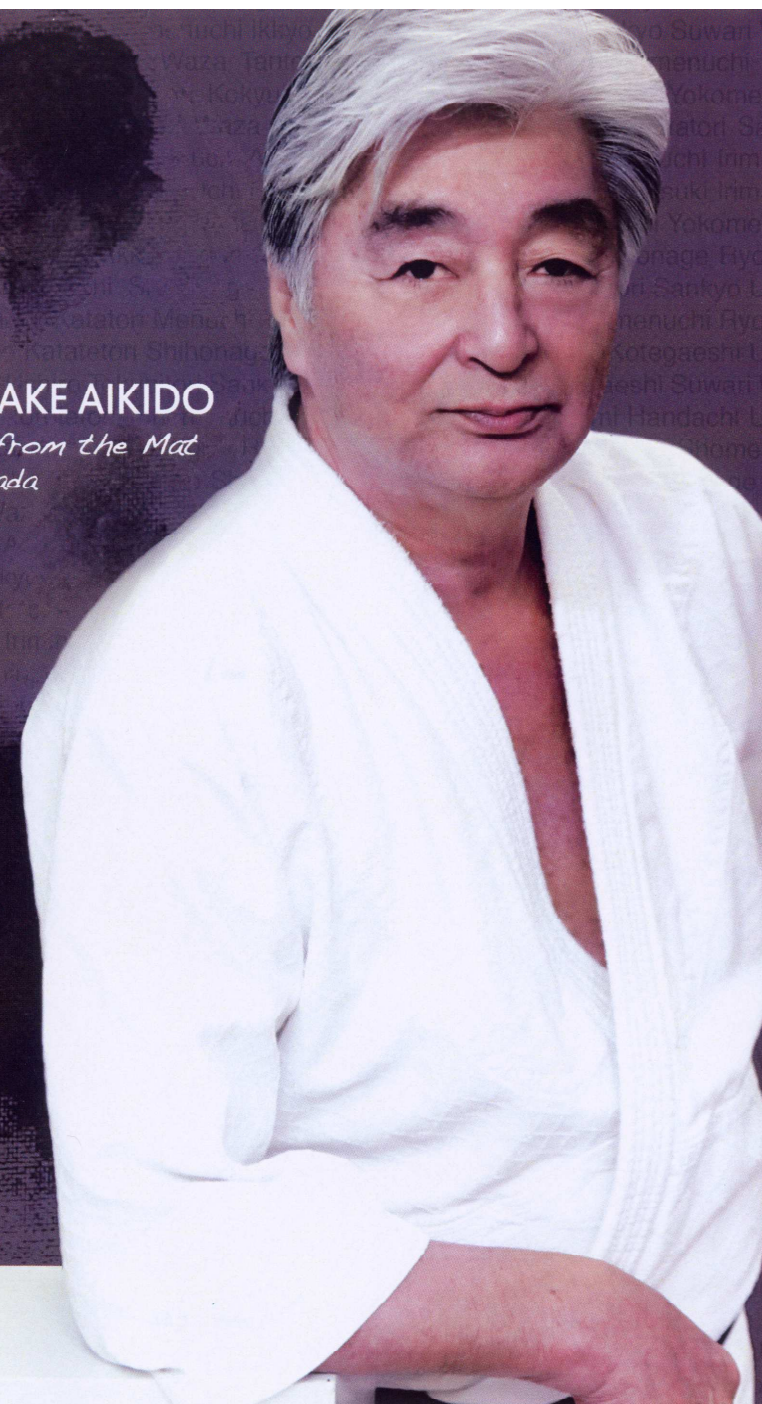


LET'S MAKE AIKIDO *Lessons from the Mat by Y. Yamada*

LET'S MAKE AIKIDO

Lessons from the Mat
by Y. Yamada



"I had no idea this many people would be involved in aikido."

This quote opens Yamada Sensei's new DVD, "Let's Make Aikido: Lessons from the Mat." Through interviews, archival footage, aikido demonstrations, and candid day-in-the-life footage, this DVD is an intimate portrait of one of the most influential teachers of aikido in the world. Original aikido footage from 1964 is uniquely contrasted with modern-day demos, highlighting the evolution of Yamada Sensei's aikido over the past 40 years. Insightful commentary about the principles of aikido mixed with dynamic demonstrations and Yamada Sensei's warm sense of humor make this a must-have DVD for every aikido practitioner.

Running Time: 48 minutes
Original Art : Harvey Konigsberg
Cover Photo: Jaime Kahn

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