

4.8. TRAINING COURSES – SEASON 2014 / 2015

ARZ proposes you a selection of training courses among all those proposed by Federations and clubs:

ARZ Training courses – GHAAN Training courses– FFAB Training courses

September 26th, 2015 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Pascal HEYDACKER** (6th dan - GHAAN - RTN)
Roland GILABEL (6th dan - GHAAN - RTN)

Theme Preparation with examinations “dan” - U.F.A.

Place Gymnase Georges-Argant - avenue Henri-Dunant - 91200 - **Athis-Mons** - France

Schedules Saturday, September 26th, 2015
 - 1st & 2nd dan 09:30 am - 12:30 pm /
 - 3rd & 4th dan 02:30 pm - 05:30 pm

Price lists Follower:
 - with a minimum level of 2nd kyu Free

Information Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47
 Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @: th_geoffroy@yahoo.fr

September 26th, 2015 - AIKIDO - PARIS (F-75012)

Teachers **Brahim SI GUESMI** (5th dan - FFAB - CEN)
Philippe COCCONI (5th dan - FFAB - CER)

Theme Trainig course of opening of season - Awase

Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
 Subway: line 8 - Porte de Charenton

Schedules Saturday, September 26th, 2015 10:00 am - 12:00 pm / 03:00 pm - 06:00 pm

Price lists Follower:
 - ½ day 15 €
 - full training course 25 €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

September 27th, 2014 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th dan - GHAAN - RTN)

Theme School of managers (from the 2nd kyu)

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France
 RER: line C - Issy

Schedules Sunday, September 27th, 2015 09:30 am - 12:30 pm

Price lists Follower: Free

Information Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr

October 10th, 2015 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Pascal HEYDACKER** (6th dan - GHAAN - RTN)

Thierry GEOFFROY (4th dan - GHAAN - ACTM)

Theme Preparation with examinations “dan” - U.F.A.

Place Gymnase Georges Carpentier - Avenue de la Terrasse prolongée - 91200 - **Athis-Mons** - France

Schedules Saturday, October 10th, 2015 09:30 am - 12:30 pm

Price lists Follower:
- with a minimum level of 2nd kyu Free

Information Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47

Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @: th_geoffroy@yahoo.fr

October 10th & 11th, 2015 - AIKIDO - PARIS (F-75012)

Teacher **Jean-Paul MOINE** (7th dan - FFAB - CEN)

Theme

Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton

Schedules Saturday, October 10th, 2015 03:00 pm - 06:00 pm
Sunday, October 11th, 2015 09:00 am - 12:00 pm

Price lists Follower:
- ½ day 20 €
- full training course 30 €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

October 11th, 2015 - AIKIDO - PONT-AUDEMER (F-27500)

Teacher **Hervé DIZIEN** (6th dan - GHAAN - RTN)

Theme **Training course tribute in Master Claude CEBILLE**

Place Parc des sports Alexis-Vastine - 27500 - **Pont-Audemer** - France

Schedules Sunday, October 11th, 2015 09:30 am - 12:00 pm

Price lists Follower: €

Information oldsckool@hotmail.fr - ☎ 00 33 (0) 7 83 67 59 68

October 18th, 2015 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th dan - GHAAN - RTN)

Theme School of managers (from the 2nd kyu)

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France

RER: line C - Issy

Schedules Sunday, October 18th, 2015 09:30 am - 12:30 pm

Price lists Follower: Free

Information Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr

From October 30th till November 01st, 2015 - AIKIDO - SANT DANIEL (E-17007)

Teachers **Carles VALLDEPERES** (*Kyoshi / Reiken*)

Theme Training course of November "Girona"

Place Dojo du CREC Sant Daniel - 17007 - **Sant Daniel** - Girona - Spain

Schedules **Friday October 30th, 2015**

- *Aikido* 08:30 pm - 10:00 pm

Saturday October 31st, 2015

- *Aikido* 10:00 am - 11:30 am / 11:45 am - 01:00 pm

04:30 pm - 05:30 pm / 06:00 pm - 07:30 pm

Sunday November 01st, 2015

- *Aikido* 10:00 am - 11:30 am / 11:45 am - 01:00 pm

04:30 pm - 06:30 pm

Price lists Follower: €

Information A lunch and a dinner Friday and Saturday ago, and right a lunch Sunday. The meals are with the load of each one. To confirm to reserve food: **clie here**

Dolors - @: lolesserra@gmail.com

November 07th & 08th, 2015 - AIKIDO - MONTIGNY-LE-BRETONNEUX (F-78180)

Teachers **Pascal HEYDACKER** (6e dan - **GHAAN** - RTN)

Place Centre sportif Pierre-de-Coubertin - 2, rue Charles-Linné - 78180 - **Montigny-le-Bretonneux** - France

Schedules Saturday, November 07th, 2015 03:00 pm - 06:00 pm

Sunday, Novembre 08th, 2015 10:00 am - 12:00 pm

Price lists Follower - training course open to all from 14 years:

- Saturday 15 €

- Sunday 10 €

- Complete training course 20 €

Information Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - aikido.montigny@gmail.com

Novembre 08th, 2015 - AIKIDO - PARIS (F-75012)

Teachers **Philippe COCCONI** (5th dan - **FFAB** - CER)

Theme School of managers (from the 1st kyu)

Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France

Subway: line 8 - Porte de Charenton

Schedules Sunday, Novembre 08th, 2015 09:30 am - 12:30 pm

Price lists Follower: €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

Novembre 08th, 2015 - AIKIDO - PARIS (F-75012)

Teacher **Philippe COCCONI** (5th dan - FFAB - CER)

Brahim SI GUESMI (5th dan - FFAB - CEN)

Theme Preparation with examinations 1st & 2nd “dan”

Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton

Schedules Sunday, Novembre 08th, 2015 02:30 pm - 05:30 pm

Price lists Follower: €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

November 15th, 2015 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100) - - - - -
TRAINING COURSE CANCELED - - - - -

Because of the dramatic events arisen in Paris and around the Stade de France, the training course planned this weekend is cancelled.

Teacher **Hervé DIZIEN** (6th dan - GHAAN - RTN)

Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 - **Saint-Maur-des-Fossés** - France

Schedules Sunday, November 15th, 2015 09:00 am - 12:00 pm

Price lists Follower: €

Information Jacques GUERIN - ☎ 00 33 (0) 6 62 88 56 94

November 21st, 2015 - AIKIDO - CHAMBOURCY (F-78240)

Teacher **Thierry GEOFFROY** (4th dan - GHAAN - ACTM)

Place Gymnase Georges-Galienne - 5, rue Mur du parc - 78240 - **Chambourcy** - France

Schedules Saturday, November 21st, 2015 03:00 pm - 06:00 pm

Price lists Follower: 15 €

Training course open to all from 14 years.

Information Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - aikidochambourcy@yahoo.fr

November 28th & 29th, 2015 - AIKIDO - MASSY (F-91300)

Teacher **Michel DESROCHES** (6th dan - GHAAN - RTN)

Place Gymnase de la Poterne - rue des Mignaux - 91300 - **Massy** - France

Schedules Saturday, November 28th, 2015 03:00 pm - 06:00 pm

Sunday, November 29th, 2015 10:00 am - 01:00 pm

Price lists Follower:

- 1/2 day 15 €
- 2 days 20 €

Information Anoush Kan RAHAMANEKAN - ☎ 00 33 (0) 6 80 84 72 65 -
esm.aikido@aliceadsl.fr

Decembre 12th, 2015 - AIKIDO - PARIS (F-75013)

Teachers **Béatrice BARRERE** (5th dan)

Youlika MICHALSKI (4th dan)

Theme Training course of the feminine commission

Place Gymnase Carpentier (Annexe) - 81, boulevard Masséna - 75013 - **Paris** - France

Subway: line 7 - Porte de Choisy or Porte d'Ivry

Schedules Saturday, Decembre 12th, 2015 10:00 am - 12:00 / 02:30 pm - 05:30 pm

Price lists Follower:€

- 1 course 15 €
- full training course 25 €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

December 13th, 2015 - AIKIDO - ISSY-LES-MOULINEAUX (F-91200)

Teacher **Mohamed BELAYACHI** (6th dan - GHAAN - RTN)

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France

RER: line C - Issy

Schedules Sunday, December 13th, 2015 09:30 am - 12:30 pm

Price lists Follower: 10 €

Information Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr

December 13th, 2015 - AIKIDO - PARIS (F-75013)

Teacher **Jean-Marc CHAMOT** (6th dan - FFAB)

Theme School of managers (from the 1st kyu)

Place Gymnase Carpentier (Annexe) - 81, boulevard Masséna - 75013 - **Paris** - France

Subway: line 7 - Porte de Choisy or Porte d'Ivry

Schedules Sunday, December 13th, 2015 09:30 am - 12:30 pm

Price lists Follower: 15 €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

December 13th, 2015 - AIKIDO - PARIS (F-75013)

Teacher **Jean-Marc CHAMOT** (6th dan - FFAB)

Theme Work of weapons: *Kamae* & attacks

Place Gymnase Carpentier (Annexe) - 81, boulevard Masséna - 75013 - **Paris** - France

Subway: line 7 - Porte de Choisy or Porte d'Ivry

Schedules Sunday, December 13th, 2015 02:30 pm - 05:30 pm

Price lists Follower: 15 €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

January 10th, 2016 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Claude GENTIL** (7th dan - **GHAAN** - RTN)

Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 - **Saint-Maur-des-Fossés** - France

Schedules Sunday, January 10th, 2016 09:00 am - 12:00 pm

Price lists Follower:

Information Jacques GUERIN - ☎ 00 33 (0) 6 62 88 56 94

January 10th, 2016 - AIKIDO - PARIS (F-75016)

Teacher **Philippe COCCONI** (5th dan - **FFAB** - CER)

Theme School of managers (from the 1st kyu)

Place Gymnase Coubertin - 82, avenue Georges-Lafont - 75016 - **Paris** - France
Subway: line 9 - Porte de Saint-Cloud

Schedules Sunday, January 10th, 2016 09:30 am - 12:30 pm

Price lists Follower: €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

January 10th, 2016 - AIKIDO - PARIS (F-75016)

Teacher **Philippe COCCONI** (5th dan - **FFAB** - CER)

Theme Preparation with examinations 1st & 2nd “dan”

Place Gymnase Coubertin - 82, avenue Georges-Lafont - 75016 - **Paris** - France
Subway: line 9 - Porte de Saint-Cloud

Schedules Sunday, January 10th, 2016 02:30 pm - 05:30 pm

Price lists Follower: €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

January 17th, 2016 - AIKIDO - PARIS (F-75016)

Teacher **Luc BOUCHAREU** (6th dan - **FFAB** - *Aïkikaiï* - CEN)
BERNARD

Theme

Place Gymnase Thomas-Mann - Rue des Cadets de la France Libre - 75013 - **Paris** - France
Subway: line 14 - Bibliothèque François-Mitterand

Schedules Sunday, January 17th, 2016 09:00 am - 12:30 pm

Price lists Follower: €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

January 23rd, 2016 - AIKIDO - ATHIS-MONS (F-91200)

Teachers **Pascal HEYDACKER** (6th *dan* - **GHAAN** - RTN)

Thierry GEOFFROY (4th *dan* - **GHAAN** - ACTM)

Theme Preparation with examinations “*dan*” - U.F.A.

Place Gymnase Georges Carpentier - Avenue de la Terrasse prolongée - 91200 - **Athis-Mons** - France

Schedules Saturday, January 23rd, 2016 09:30 am - 12:30 pm

Price lists Follower:
- with a minimum level of 2nd *kyu* Free

Information Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47

Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @: th_geoffroy@yahoo.fr

January 24th, 2016 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th *dan* - **GHAAN** - RTN)

Theme School of managers (from the 2nd *kyu*)

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France
RER: line C - Issy

Schedules Sunday, January 24th, 2016 09:30 am - 12:30 pm

Price lists Follower: Free

Information Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr

January 30th & 31st, 2016 - AIKIDO - MONTREUIL-SOUS-BOIS (F-93100)

Teachers **Louis PICOCHÉ** (*Kyoshi / Reiken*)

with **Philippe FLORENTIAU** (*Kyoshi / Reiken*)

Place **Dojo** du Gymnase René-Doriant - rue du Colonel-Raynal - 93100 - **Montreuil-sous-Bois** - France

At the end of the Swimming pool

Subway: line 9 - Croix-de-Chavaux

Schedules Saturday, February 30th, 2016 03:00 pm - 06:00 pm

Sunday, February 31st, 2016 09:30 am - 12:00 pm

Price lists Follower:
- 1/2 day 5 €
- Full training course 10 €

Information Martine PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr

February 14th, 2016 - AIKIDO - PARIS (F-75013)

Teachers **Jean-Marc CHAMOT** (6th *dan* - FFAB)
Theme School of managers (from the 1st *kyu*)
Place Gymnase Carpentier (Annexe) - 81, boulevard Masséna - 75013 - **Paris** - France
Subway: line 7 - *Porte de Choisy* or *Porte d'Ivry*
Schedules Sunday, February 14th, 2016 09:30 am - 12:30 pm
Price lists Follower: €
Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

February 14th, 2016 - AIKIDO - PARIS (F-75013)

Teachers **Jean-Marc CHAMOT** (6th *dan* - FFAB)
Theme Work of weapons / *Shiatsu*
Place Gymnase Carpentier (Annexe) - 81, boulevard Masséna - 75013 - **Paris** - France
Subway: line 7 - *Porte de Choisy* - *Porte d'Ivry*
Schedules Sunday, February 14th, 2016 02:30 pm - 05:30 pm
Price lists Follower: €
Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

February 21st, 2016 - AIKIDO - MONTREUIL-SOUS-BOIS (F-93100)

Teacher **Pascal HEYDACKER** (6th *dan* - GHAAN - RTN)
Place Dojo du Gymnase René-Dorian - rue du Colonel-Raynal - 93100 - **Montreuil-sous-Bois** - France
At the end of the Swimming pool
Subway: line 9 - *Croix-de-Chavaux*
Schedules Sunday, February 21st, 2016 10:00 am - 01:00 pm
Price lists Follower: 10 €
Information Martine PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr
Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr

March 12th, 2016 - AIKIDO - MASSY (F-91300)

Teachers **Pascal HEYDACKER** (6th *dan* - GHAAN - RTN)
Thierry GEOFFROY (4th *dan* - GHAAN - ACTM)
Theme Preparation with examinations “*dan*” - U.F.A.
Place Gymnase de la Poterne - rue des Mignaux - 91300 - **Massy** - France
Schedules Saturday, March 12th, 2016 09:30 am - 12:30 pm
Price lists Follower:
- with a minimum level of 2nd *kyu* Free

Information Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr
Thierry GEOFFROY - ☎ 00 33 (0) 6 81 11 05 60 - @: th_geoffroy@yahoo.fr

March 12th, 2016 - AIKIDO - PARIS (F-75016)

Teachers **Stéphane BENEDETTI**
Theme
Place Gymnase Coubertin - 82, avenue Georges-Lafont - 75016 - **Paris** - France
Subway: line 9 - Porte de Saint-Cloud
Schedules Saturday, March 12th, 2016 10:00 am - 06:00 pm
Price lists Follower: €
Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

March 13th, 2016 - AIKIDO - PARIS (F-75016)

Teachers **Stéphane BENEDETTI**
Theme
Place Gymnase Coubertin - 82, avenue Georges-Lafont - 75016 - **Paris** - France
Subway: line 9 - Porte de Saint-Cloud
Schedules Sunday, March 13th, 2016 10:00 am - 12:30 pm
Price lists Follower: €
Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

March 20th, 2016 - AIKIDO - YERRES (F-91330)

Teachers RTN (National Technical Managers) of GHAAN
Theme **TRAINING COURSE IN THE MEMORY OF MASTER ANDRE-NOCQUET**
Place Dojo du CYAM (Club Yerrois d'Arts Martiaux) - 13, rue Lucien-Manès - 91330 - **Yerres** - France
RER: line D - gare de Yerres
Schedules Sunday, March 20th, 2016 09:30 am - 01:00 pm
Price lists Follower: €
Information The federal licence and a doctor's certificate will be required for the access to the tatami.
Roland GILABEL - ☎ 00 33 (0) 1 69 40 21 01
Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47

From March 25th till 27th, 2016 - AIKIDO - SANT DANIEL (E-17007)

Teachers **Carles VALLDEPERES** (Kyoshi / Reiken)
Claude SCHRAYER (Kyoshi / Ryu no Maki)
Philippe FLORENTIAU (Kyoshi / Reiken)

Theme Training course of the Holly Week 2016 "Girona"
Place Dojo du CREC Sant Daniel - 17007 - **Sant Daniel** - Girona - Spain
Schedules **Friday March 25th, 2016**

- Aikido 07:00 pm - 10:00 pm

Saturday March 26th, 2016

- Aikido 10:30 am - 12:30 pm / 04:00 pm - 07:00 pm

Sunday April 27th, 2016

- Aikido 10:30 am - 12:30 pm

Price lists Follower: €

Information A lunch and a dinner Friday and Saturday ago, and right a lunch Sunday. The meals are with the load of each one. To confirm to reserve food: **clie here**

Dolors - @: lolesserra@gmail.com Engracia - @: engraciar@gmail.com

From March 26th till 28th, 2016 - AIKIDO - PARIS (F-75014)

Teachers **SUGA Toshiro Shihan** (6th dan Aikikai - 7e dan CSDGE)

Theme Training course of Easter

Place Gymnase Didot - 26, avenue Georges-Lafenestre - 75014 - Paris - France
Subway: line 13 - Porte de Vanves

Schedules Saturday, March 26th, 2016 03:00 pm - 06:00 pm

Sunday, March 27th, 2016 09:00 am - 12:00 pm / 03:00 pm - 06:00 pm

Monday, March 28th, 2016 09:30 am - 12:30 pm

Price lists Follower: €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

April 02nd & 03rd, 2016 - AIKIDO - CHAMBOURCY (F-78240)

Teacher **Pascal HEYDACKER** (6th dan - GHAAN - RTN)

Place Gymnase Georges-Gallienne - 5, rue Mur du Parc - 78240 - **Chambourcy** - France

Schedules Saturday, April 02nd, 2016 03:30 pm - 06:30 pm

Sunday, April 03rd, 2016 09:30 am - 12:30 pm

Price lists Training course open to all as from 14 years

- 1 day €

- 2 days €

Information Thomas TESSIER - ☎ 00 33 (0) 6 73 42 07 09 - www.aikido-chambourcy.com

April 10th, 2016 - AIKIDO - SAINT-MAUR-DES-FOSSES (F-94100)

Teacher **Jean-Luc DELABY** (6th dan - GHAAN - RTN)

Place Centre Sportif Gilbert-Noël - 52, avenue Didier - 94100 - **Saint-Maur-des-Fossés** -

France

Schedules Sunday, April 10th, 09:00 am - 12:00 pm
2016

Price lists Follower: €

Information Jacques GUERIN - ☎ 00 33 (0) 6 62 88 56 94

April 17th, 2016 - AIKIDO - ISSY-LES-MOULINEAUX (F-92130)

Teacher **Pascal HEYDACKER** (6th *dan* - **GHAAN** - RTN)

Theme School of managers (from the 2nd *kyu*)

Place Gymnase La Source - 1, boulevard Rodin - 92130 - **Issy-les-Moulineaux** - France

RER: line C - Issy

Schedules Sunday, April 17th, 09:30 am - 12:30 pm
2016

Price lists Follower: Free

Information Pascal HEYDACKER - ☎ 00 33 (0) 6 21 09 03 12 - @: tazplh@neuf.fr

May 15th, 2016 - AIKIDO - YERRES (F-91330)

Teacher **Jean-Luc DELABY** (6th *dan* - **GHAAN** - RTN)

Theme

Place Dojo du CYAM (Club Yerrois d'Arts Martiaux) - 13, rue Lucien-Manès - 91330 - **Yerres** - France

RER: line D - gare de Yerres

Schedules Sunday, May 15th, 09:30 am - 01:00 pm
2016

Price lists Follower: €

Information Roland GILABEL - ☎ 00 33 (0) 1 69 40 21 01
Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47

April 23rd, 2016 - AIKIDO - PARIS (F-75016)

Teachers **Jean-Paul MOINE** (7th *dan* - **FFAB** - CEN)

Theme

Place Gymnase Coubertin - 82, avenue Georges-Lafont - 75016 - **Paris** - France

Subway: line 9 - Porte de Saint-Cloud

Schedules Saturday, April 23rd, 09:00 am - 06:00 pm
2016

Price lists Follower:
- ½ day €
- full training course €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

April 24th, 2016 - AIKIDO - PARIS (F-75016)

Teachers **Jean-Paul MOINE** (7th *dan* - **FFAB** - CEN)

Theme

Place Gymnase Coubertin - 82, avenue Georges-Lafont - 75016 - **Paris** - France
Subway: line 9 - Porte de Saint-Cloud

Schedules Sunday, April 24th, 2016 09:30 am - 12:30 pm

Price lists Follower:
- ½ day €
- full training course €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

May, 14th - 15th & 16th, 2016 - AIKIDO - PROVENCHERES-SUR-FAVE (F-88)

Teacher **Philippe FLORENTIAU** (*Kyoshi / Reiken*)

Theme **Aikido no shinzui** / Seize the heart of aikido

Place Centre Culturel - 5, place des tissages - 88490 - **Provençères-sur-Fave** - France

Schedules Saturday, June 14th, 2016
- Aikido 03:00 pm - 06:00 pm
Sunday, June 15th, 2016
- Aikido 10:00 am - 12:00 pm / 03:00 pm - 06:00 pm
Monday, June 16th, 2016
- Aikido 09:30 am - 12:00 pm

Price lists Follower:
- Accommodation in holiday cottage + meal + training courses 175 €
- Accommodation in holiday cottage + meal 175 € (adults) / 125 € (children)

Information Philippe FLORENTIAU - ☎ 00 33 (0) 3 29 51 22 56

May 21st, 2016 - AIKIDO - PARIS (F-75012)

Teachers **Pascal HEYDACKER** (6th dan - **GHAAN** - RTN)
Rémi HOURDEQUIN (6th dan - *Iwama Ryu*)

Theme

Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton

Schedules Saturday, May 21st, 2016 10:00 am - 12:30 pm / 02:30 pm - 05:30 pm

Price lists Follower:
- ½ day €
- full training course €

Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

May 22nd, 2016 - AIKIDO - PARIS (F-75012)

Teacher **Philippe COCCONI** (5th dan - FFAB - CER)
Theme School of managers (from the 1st kyu)
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Sunday, May 22nd, 2016 09:30 am - 12:30 pm
Price lists Follower: €
Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

May 22nd, 2016 - AIKIDO - PARIS (F-75012)

Teacher **Philippe COCCONI** (5th dan - FFAB - CER)
Theme Preparation with examinations 1st & 2nd “dan”
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Sunday, May 22nd, 2016 02:30 pm - 05:30 pm
Price lists Follower: €
Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

June 25th, 2016 - AIKIDO - PARIS (F-75012)

Teacher **Jean-Pierre COCQUIO** (5th dan)
Frédéric MICHELOT (4th dan)
Agnès BURNET (4th dan)
Thierry GEOFFROY (4th dan - **GHAAN** - ACTM)
Theme Training course of the end of season
Place Gymnase Léo-Lagrange - 68, boulevard Poniatowski - 75012 - **Paris** - France
Subway: line 8 - Porte de Charenton
Schedules Saturday, June 25th, 2016 09:00 am - 06:00 pm
Price lists Follower:
- ½ day €
- full training course €
Information FFAB - Ile-de-France - www.aikido-ffab-idf.org

From July 09th till 17th, 2016 - AIKIDO / IAIDO - LESNEVEN (F-29)

Teachers **YAMADA Yoshimitsu Shihan** (8th dan)
FUKAKUSA Motohiro Shihan (8th dan Aikikai)
FUNAKOSHI Mitsuo Shihan (7th dan)
SUGA Toshiro Shihan (6th dan Aikikai - 7th dan CSDGE)
Iaido: **Malcom TIKI SHEWAN** (6th dan)

Place Salle Kerjezequel - 29260 - **Lesneven** - France

Schedules From Saturday, July 09th till Sunday, 17th, 2016

Price lists Follower: €

Information Lesneven Aikido - <http://www.lesneven-aikido.com> - @: stage@lesneven-aikido.com

From August 21st till 27th, 2016 - AIKIDO / IAIDO / KEN JITSU / ZAZEN - LE TEMPLE-SUR-LOT (F-47110)

Teachers **Claude SCHRAYER** (*Kyoshi / Ryu no Maki*)

Philippe FLORENTIAU (*Kyoshi / Reiken*)

Louis PICOCHÉ (*Kyoshi / Reiken*)

Florencio DE LA TORRE YUEGEROS (*Renshi / Kirigami*)

Theme *Shochu Geiko* (Training course known as “of the heat” in the tradition of *Budo*):
Adaptation

Place Domaine de Lembrun - 47110 - **Le Temple-sur-Lot** - France

<http://www.lembrun.com/>

Schedules From Sunday, August 21st, 2016 - 5:00 pm till Saturday, August 27th, 2016 after the breakfast - **Program**

Price lists Follower:

- **Accommodation + meal + courses for 6 days** €

- Accommodation + meal + courses for 1 day €

- Only courses for 6 days €

- Courses for 1 day €

- 1 meal €

Guide:

- Adult:
Accommodation + meal for 6 days €

- Adult:
Accommodation + meal for 1day €

Information Martine PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr

Inscription **Registration form**

