

4.8. TRAINING COURSES – SEASON 2019 / 2020

ARZ proposes you a selection of training courses among all those proposed by Federations and clubs:

ARZ Training courses – GHAAN Training courses– FFAB Training courses

24th of November, 2019 - AIKIDO - MONTREUIL (F-93100)

Teacher Pascal HEYDACKER (6th dan - GHAAN - RTN)
Theme
Place Dojo of the Gymnase René-Doriant - rue du Colonel-Raynal - 93100 - Montreuil-sous-Bois - France
 At the end of the Swimming pool of Montreuil
 Subway: line 9 - Croix de Chavaux **Trajets**
Schedules Sunday 24th of November, 2019 09:30 am - 12:30 pm
Prices Students: 10 €
Information Louis PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr


18th & 19th of January, 2020 - AIKIDO - MONTREUIL (F-93100)

Teacher Louis PICOCHÉ (Kyoshi / Reiken)
Theme Ushiro Dori
Place Dojo of the Gymnase René-Doriant - rue du Colonel-Raynal - 93100 - Montreuil-sous-Bois - France
 At the end of the Swimming pool of Montreuil
 Subway: line 9 - Croix de Chavaux **Trajets**
Schedules Saturday 18th of January, 2020 02:30 pm - 05:30 pm
 Sunday 19th of January, 2020 09:30 am - 12:30 pm
Prices Students:
 - ½ day 5 €
 - full training course 10 €
Information Louis PICOCHÉ - ☎ 00 33 (0) 1 48 57 20 20 - @: info@arz.asso.fr


15th of March, 2019 - AIKIDO - YERRES (F-91330)

Teachers RTN (National Technical Managers) of GHAAN
Theme TRAINING COURSE IN THE MEMORY OF MASTER ANDRE-NOCQUET
Place Dojo du CYAM (Club Yerroy d'Arts Martiaux) - 13, rue Lucien-Manès - 91330

- Yerres - France

RER: line D - gare de Yerres

Schedules Sunday 15th of March, 2020 09:30 am - 01:00 pm

Prices Students: 10 €

Information The federal licence and a doctor's certificate will be required for the access to the tatami.

Roland GILABEL - ☎ 00 33 (0) 1 69 40 21 01

Alain FLOURE - ☎ 00 33 (0) 1 60 63 62 47



30th - 31th & 01st of June, 2019 - AIKIDO - PROVENCHERES-SUR-FAVE (F-88)

Teacher **Philippe FLORENTIAU** (Kyoshi / Reiken)

Theme Rien est tout (kaimu zenbu no ichi)

Place Centre Culturel - 5, place des tissages - 88490 - **Provenchères-sur-Fave** - France

Schedules Saturday 30th of May, 2020

- Aikido 03:00 pm - 06:00 pm

Sunday 31th of May, 2020

- Aikido 10:00 am - 12:00 pm / 03:00 pm - 06:00 pm

Monday 01st of June, 2020

- Aikido 09:30 am - 12:00 pm

Price lists Students:

- Accommodation in holiday
cottage + meal + training 210 €
courses

- Accommodation in holiday
cottage + meal 210 € (adults) / 160 € (children)

Information Philippe FLORENTIAU - ☎ 00 33 (0) 3 29 51 22 56 - @: pifou88@yahoo.fr