

## 7.1. TECHNICAL DOCUMENTARIES

### 7.1.3. AIKI KEN – AIKI JO

*The videos presented here could not in no case to replace a regular teaching with a qualified professor.*

- **AIKI KEN**

- **SAITO Morihiro**

- 2003 - B&W / Colour - 55 min. - VUS - Aiki News – DVD

- The first of 2 DVD devoted to the *aiki ken* and *aiki jo* practised by *SAITO Morihiro Sensei* in *Iwama*.



- **AIKI JO**

- SAITO Morihiro

- 2003 - B&W / Colour - 60 min. - VUS - Aiki News – DVD

- The second of 2 DVD devoted to the *aiki ken* and *aiki jo* practised by *SAITO Morihiro Sensei* in *Iwama*.



- **THE STAFF OF AIKIDO**

- **SAOTOME Mitsugi**

- 1994 - Couleurs - 52 min. - VO - Aikido Today Magazine - K7V VHS / DVD

- A presentation of the work to the stick (*jo*) in *aikido* by *SAOTOME Shihan*.



- **LE BOKKEN - TECHNIQUES ET APPLICATIONS**

- **BECART Michel**

- 2008 - Colour - 105 min. - VF - Karate Bushido – DVD

- This Michel BECART's third DVD is dedicated to the manipulation of the *bokken*: techniques with sabre or with bare hands against sabre.



- **JO - LE PILIER DE L'AIKIDO**

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- **SUGA Toshiro**

- 2007 - Colour - 60 min. - VF - TsubakiProd – DVD

- Discover in this DVD the roots of the *Aikido* through the work of the *jo* with *SUGA Sensei*.



- **KEN - LES RACINES DE L'AIKIDO**

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- SUGA Toshiro

- 6 - Colour - 60 min. - VF - TsubakiProd – DVD

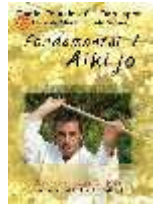
- Discover in this DVD the roots of the *Aikido* through the work of the sabre with *SUGA Sensei*.



• **FONDAMENTAL 1 – AIKIKEN**

**TOUTAIN Daniel**

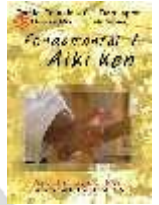
2008 - Colour - 40 min. - Iwama Ryu International Academy - VF – DVD  
Daniel TOUTAIN was the pupil of Mister SAITO Morihiko who delivered him the 6th dan Iwama Ryu. This first DVD-ROM presents the techniques of *jo* practised in the school of *aikido* of Iwama.



• **FONDAMENTAL 1 – AIKIJO**

TOUTAIN Daniel

2008 - Colour - 55 min. - Iwama Ryu International Academy - VF – DVD  
Daniel TOUTAIN was the pupil of Mister SAITO Morihiko who delivered him the 6th dan Iwama Ryu. This second DVD-ROM presents the techniques of *ken* practised in the school of *aikido* of Iwama.



• **BUKIDORI 1 / Tachidori – Tankendori**

TOUTAIN Daniel

2010 - Colour - 46 min. - Iwama Ryu International Academy - VF/UK/Sp. - DVD

It is about the first one of both DVD dedicated to *Bukidori*, presented by Daniel TOUTAIN, 6th dan Iwama Aikido Japon. It contains the following notions and exercises: *Kihon*, *Tachidori 1 = > 27*, *Tankendori (Tantodori) Yokomenuchi*, *Tankendori (Tantodori) Tsuki*, *Tankendori (Tantodori) Oyowaza*.



• **BUKIDORI 2 / Jodori – Jonage**

TOUTAIN Daniel

2010 - Colour - 43 min. - Iwama Ryu International Academy - VF/UK/Sp. - DVD

It is about the second of both DVD dedicated to *Bukidori*, presented by Daniel TOUTAIN, 6th dan Iwama Aikido Japon. It contains the following notions and exercises: *Kihon*, *Jodori 1 = > 24*, *Jonage 1 = > 21*.

